



MARTINSVILLE INDEPENDENT SCHOOL DISTRICT



PO Box 100 - Martinsville, Texas 75958 Telephone – (936)564-3455 Fax – (936)569-0498

<http://www.martinsvilleisd.com>

David Simmons, Superintendent

Dear Parent/Guardian,

It is that time of year again when the weather begins to change, and illnesses start to occur. We are seeing a lot of children getting sick with strep throat. This is occurring throughout all age ranges on our campus. Strep throat is highly contagious and can spread rapidly in the school environment. The following is a list of possible signs and symptoms of strep throat.

- Mild to severe sore throat
- Red throat with swollen tonsils
- Pain with swallowing
- Low or high grade fever (some students have had a temp as low as 99.0)
- White patches in back of throat
- Nausea and vomiting
- Decreased appetite
- Red spots in back of throat
- Head ache
- Skin rash (Scarlet Fever)

Not all of these symptoms may be present. If your child is experiencing any of these symptoms, we ask that you consult with your physician before allowing your child to return to school. This will decrease the amount of exposure to other students and the risk of strep throat continuing to spread. Signs and symptoms are not enough to confirm a diagnosis of strep throat. A strep test can be done in a physician's office to confirm the diagnosis. Once confirmed, your child will then need to be placed on antibiotics to rid the body of infection. Once your child has been on antibiotics for 24 hours, they may return to school. We ask that all parents/guardians be vigilant in conforming to these guidelines for the greater health and well-being of our students.

Please do not hesitate to call me at 936-564-3455 if you have any questions or concerns.

Thank you,

Brian Cross, RN
School Nurse